

Our Group Leaders:

Virginia Seng, Ph.D.

Dr. Seng is a licensed clinical psychologist who specializes in working with children and adolescents. Her clinical interests include the treatment of anxiety, depression, ADHD, Asperger Syndrome and social skills training. Dr. Seng received her doctorate from DePaul University, and completed her internship at Children's Hospital in Boston. She has been facilitating groups for children since 1995.

Bonnie Fries, LCSW

Bonnie Fries is a licensed clinical social worker who provides treatment for adults, adolescents and children. Her clinical interests include the treatment of trauma, anxiety, self-esteem and social skills training. Ms. Fries received her Masters Degree in social work at the University of Illinois at Chicago. She has been facilitating groups for children since 1997.

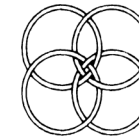
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SOCIAL SKILLS GROUPS FOR CHILDREN AND ADOLESCENTS

2010-2011
Program
Guide

What is group therapy and how can it help?

For children with social skills challenges, many social situations can be frustrating and difficult. They may misinterpret social cues and mistake others' emotions. Other children may have limited skills for dealing with teasing and bullies. Limited social opportunities can leave some children feeling isolated, without the skills to make and maintain friendships.

Social skills groups provide the opportunity to teach children specific skills within a group of their peers. Social skills are practiced during the sessions and children receive feedback to improve their abilities.

Social skills groups are also fun! Children and adolescents enjoy belonging to a group of peers, sharing experiences and playing games.



What is our group philosophy?

Our skill-based groups are led by licensed professionals. Each group session focuses on a specific skill or topic. Modeling and role-playing are used to help students practice the skills. Groups also include time for games and less structured interaction. Each week, parents are given a detailed agenda that describes the skill, along with homework suggestions. Typical lessons may include:

- Starting/ Maintaining Conversations
- Dealing with Teasing and Bullies
- Reading Non-Verbal Social Cues
- Asserting Yourself Appropriately

Who can join our groups?

The groups are for children and adolescents who have difficulty making and keeping friends. Typical diagnoses include:

- Asperger Syndrome/ High Functioning Autism
- Non-Verbal Learning Disabilities
- Social Anxiety
- Pragmatic Language Deficits
- Social difficulties related to ADHD

2010-2011 Group Schedule

Schaumburg Location:

5-7 year old boys and girls

Thursday, 6:00-6:50

8-10 year old boys, Saturday 9:00-9:50

8-10 year old boys, Tuesday, 6:00-6:50

11-13 year old boys, Saturday 10-10:50

11-13 year old boys, Tuesday, 7:00-7:50

14-16 year old boys, Saturday 11-11:50

Barrington Location:

8-10 year old girls, Saturday, 10:00-10:50

11-13 year old girls, Saturday, 11:00-11:50

Fall Term: begins September 11, 2010

Winter Term: begins January 8, 2011

Spring Term: begins April 9, 2011

Each term includes 10 group sessions.

The fee is \$65.00 per 50 minute session.

To Register for groups:

Contact Dr. Virginia Seng or
Ms. Bonnie Fries at
(847) 619-1880.