

## You Have the Right to Receive a "Good Faith Estimate" Explaining how Much Your Behavioral Health Care Will Cost

Under the No Surprises Act (NSA), the staff of BPA will offer patients who don't have insurance or who are not using insurance an estimate of the bill for services provided at Behavioral Psychology Associates, P.C.

The "Good Faith Estimate (GFE)" includes this form, a detailed fee schedule and checklist of the services offered by your specific provider, and a signing page. At the time of the intake, you would be informed of the charges for the initial interview. When you are seen for the initial visit, you would be given a detailed fee schedule for most, if not all, of the services available to you with your clinician. The rationale is simple; we would not want you to be surprised when you receive a statement with a balance. We would want you to know in advance why the balance is posted.

If you are working with an "in-network" clinician at BPA and are referred to an "out-of-network" clinician at BPA for any reason, we would alert you if you choose to use your insurance and are considered "out of network" for that clinician. Of course, the decision to see a particular clinician is ultimately yours.

You may contact your therapist or BPA to let them know the billed charges are higher than the Good Faith Estimate. You can ask them to update the bill to match the Good Faith Estimate.

You have the right to dispute a bill if you receive a statement or bill that is at least \$400 more than predicted for a particular service based on the fee schedule you received. If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days of the date on the original bill.

## Disclaimers

- 1. The GFE is not a contract and does not require that you obtain the designated services from the identified provider.
- 2. The GFE is only an estimate of services reasonably expected to be furnished at the time and final services or charges may differ.
- 3. Additional recommended services may be part of your care in the future, but are not reflected in the GFE.

For questions or more information about your right to a good faith estimate, visit www.cms.gov/nosurprises or call 1-800-985-3059.